



Choose 1 value that you need to work on the most from the list below: (from White Bison)

Indigenous Values	Capitalist Values
<ol style="list-style-type: none"> 1. Cooperation 2. Group Emphasis 3. Modesty. Humility 4. Individual Autonomy 5. Passivity/Calmness 6. Generosity 7. Patience 8. Non-materialism 9. Work to meet need 10. Time, Always With Us 11. Orientation to present 12. Pragmatic, practical 13. Respect for Age 14. Right Brain Orientation 15. Cooperate with nature 16. Religion: way of life 17. Spiritual/mystical 18. Personal caution 19. Listening/observation skills 20. Indirect criticism 21. Extended Family 22. Cultural Pluralist 23. No eye to eye contact 24. Self exploratory child rearing 25. Restitution 26. Character = source of status 27. Bilingualism 28. Illness = imbalance 29. Belief in the Unseen 30. Respect for tradition 	<ol style="list-style-type: none"> 1. Competition 2. Individual Emphasis 3. Self Important 4. Interference/Involvement 5. Activity/Restlessness 6. Saving 7. Impatience 8. Materialism 9. Puritan work ethic 10. Time, Use every minute 11. Orientation to future 12. Theoretical 13. Respect for Youth 14. Left Brain Orientation 15. Control over nature 16. Religion: segment of life 17. Skeptical 18. Personal Openness 19. Verbal skills 20. Direct criticism 21. Nuclear Family 22. Assimilationist 23. Eye to eye contact important 24. Strict discipline 25. Punishment 26. Degree = source of state 27. Monolingualism 28. Illness = physical issue 29. Belief in the Seen/ Proven 30. Progress Oriented

Using your 1 value, answer the questions below in writing on your own, then share your answers with your breakout room partner.

1. How do these values translate into behavior?

2. What new behavior/value can I replace the old one with?

3. What will make it hard to change my mind? What will make it easy?

4. What new decisions do I need to make about myself or the world?

5. How will I act on these decisions?
