

Seeking NH Hispanics/Latinos for Research Study

Study completers receive \$150



What does participation involve?

Before the visit

5-10 minutes

Telephone pre-screen
Stool sample
Fast at least 8 hours

During the visit

3-4 hours

1 fasted blood sample
Boost/Ensure drink
4 additional blood samples
Questionnaires

After the visit

Study completed!

Compensated \$150
Mailed a copy of your
blood sample results

The visit can be conducted in Spanish or English

Who are we?

The **Dao Research Lab** investigates food access, diet, and the gut microbiome in New Hampshire Hispanic/Latino residents.

Why participate?

This research will help develop community-based programs tailored to the needs of NH Hispanic/Latino communities.



You may qualify for this study if you:

- Are between 18-55 years of age
- Are eligible for SNAP benefits
- Identify as Hispanic/Latino
- Currently live in NH

For more information, please contact study staff at (603) 862-4260 or by email at dao.lab@unh.edu



Dr. Maria Carlota Dao (IRB-FY2021-49)

Fiber-rich foods, weight status, and the gut microbiota:

A comparative study in NH Hispanic adults at risk for food insecurity



**University of
New Hampshire**
Dao Research Lab